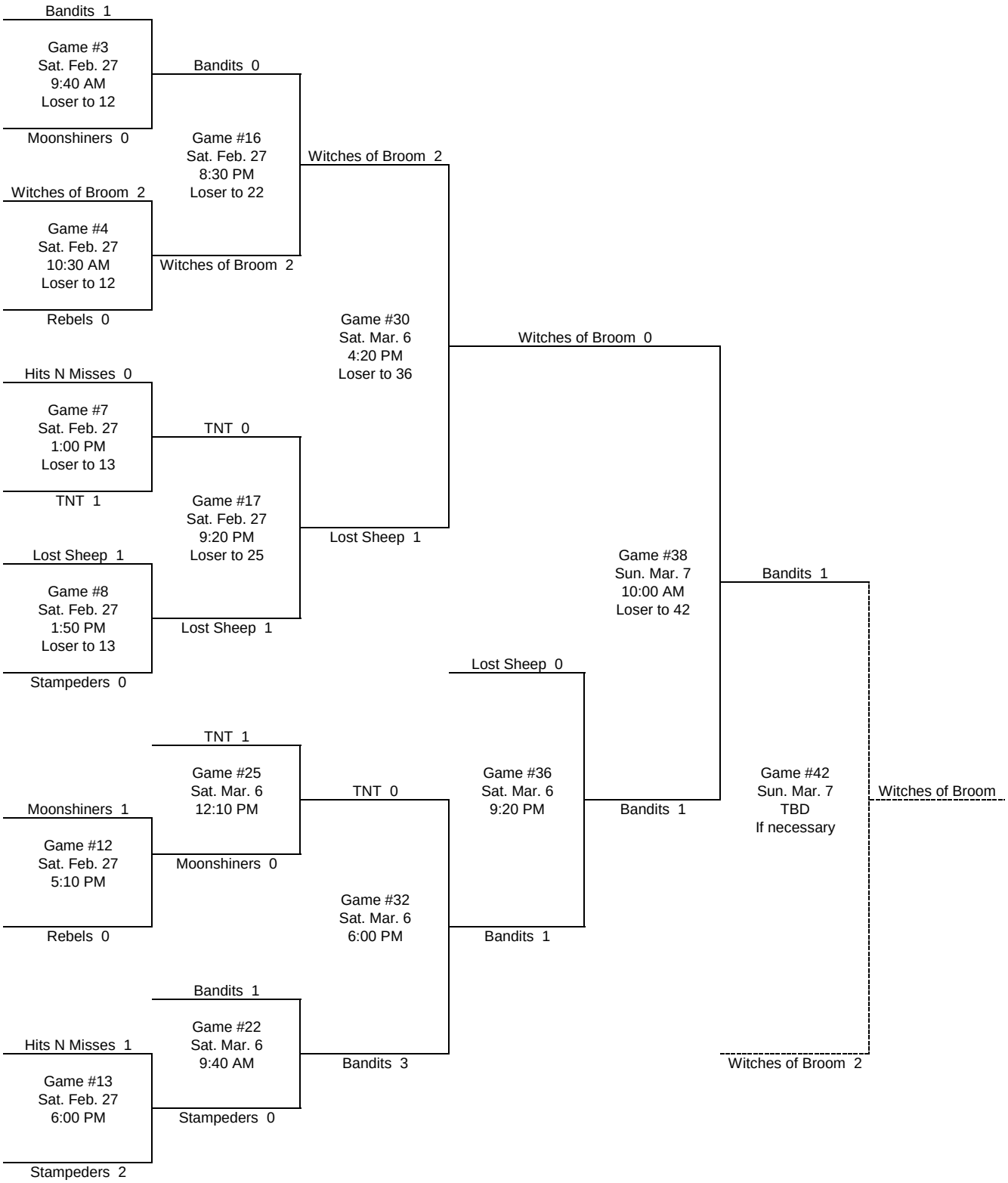2010 Central West - Intermediate Ladies